



# How you can help to produce a 'waste-free' lunch

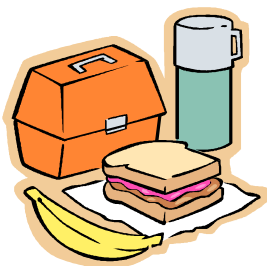


At the Elan Valley Visitor Centre we are trying to reduce the amount of rubbish we produce, and for the last few years have been recycling paper, cardboard, plastic, tins and cans. In the 2011 season a much larger range of plastics were able to be recycled by the local Council and we also started to have food waste collections. As a result we sent 47% less waste into landfill than in the previous season!

Of course, it is better to reduce the amount of waste that is produced in the first place and we are looking at ways of doing this during 2012. One of the areas where a lot of waste is generated is from the many schools who visit and whose rubbish is very often not recyclable.

The ideas below will not only help to reduce waste, but can also save money as well!

## Here are some ideas for producing a 'waste-free' lunch:



- Pack sandwiches in a re-usable container or wrap in kitchen roll or greaseproof paper that can be composted
- Buy large packets of crisps, biscuits, raisins, etc and put a few in a re-usable container for each day
- Take drinks in a bottle that can be used again
- Take cutlery that can be washed and used again



## What to avoid in a 'waste-free' lunch, as the packaging of these items usually cannot be recycled and so ends up in landfill:

- ◇ Foil or cling film
- ◇ Individually wrapped items, like cheese, biscuits and chocolate
- ◇ Drinks in cartons or foil pouches



THANK YOU FOR HELPING US!

